

# ***Friends of Fareham Community Hospital***

## ***Charity Fundraising Events***

***A series of open discussions led by Professionals  
on Subjects of Interest to Our Local Community***

***Wednesday 11 July 2018***

The Osteoporosis Support Group & Rheumatology discuss

***“A life after Sight”***

Dealing with the onset of sight loss, prevention and post sight loss  
management

### ***Future topics***

September 2018 Going through the Motions (Bowel and Digestive matters)

November 2018 Our Paramedics,  
Accessing their care and what they can do to help us

January 2019 Caring for our Hearts

March 2019 Understanding Our Brains

May 2019 Lumps and Bumps. Skin care

July 2019 Waterworks, including Prostrate care.

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Discussions are held on the last Wednesday of each month

***Discussion Times: 7.00 pm – 8.30 pm,  
with refreshments at 6.30 pm***

At Fareham Community Hospital, Brook Lane,  
Sarisbury, Fareham, SO31 7DQ

**Tickets £5 for all attendees, please pay on entry**

***Come and enjoy sharing questions and ideas with professionals***

**Our Charity Registration Number 1144072**