

### **Women Health Update**

Wednesday 21st June 2017

# **Department of Rheumatology**

#### **DELEGATE APPLICATION FORM**

Please complete attached application form and return to Mrs Margaret Fletcher,

#### **Rheumatology Department**

Queen Alexandra Hospital Cosham, PO6 3LY or FAX to 023 9228 6862

or email:

rheumatology.conference@porthosp.nhs.uk

Conference on: Wednesday 21st June 2017
Name:
Address:
Postcode:
Email:
I will be accompanied by (relative/ friend(s))

Please return your application form before 1st June 2017











### Women's **Health Event 2017**

- · Understand more about Women's Health issues including breast cancer, menopause and bone health and osteoporosis.
  - · Develop strategies for staying motivated to maintain a healthy life style.
  - · Meet people who want to take charge of their Health.

## Portsmouth Hospitals NHS

Women's Health Issues part of Love your Bones 2017

Your Questions answered

### Women's Health Event Patient and Public Conference

'If you want up to date information about Women's



- Understand more about Women's Health issues including breast cancer, menopause and bone health and osteoporosis.
- Develop strategies for staying motivated to maintain a healthy life style.

**Health Issues** then come down and join us for in depth advice and health information'



· Meet people who want to take charge of their Health.

**Alexandra Park** 

### Wednesday 21st June 2017

Venue: Mountbatten Centre, **Alexandra Park Twyford Avenue** Portsmouth PO2 9QA

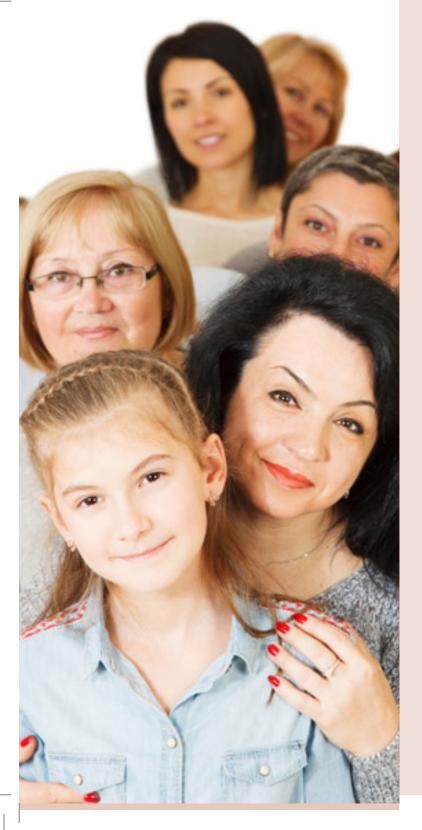
Working in partnership with: Portsmouth and District ARMA Local Network. The Portsmouth and SE Hants National Osteoporosis Society Support Group

Please complete attached application form on the reverse of this flyer and return



Sponsors: The Watermill Court Residents

Waitrose



# Women's Health Event 2017

09:00	Registration and exhibitions
10:00	Welcome
10:15	Bones and Bones health - revisiting what everyone should know
10:45	Celiac Disease Update
11:30	Refreshments
12:00	Medication Update
12:30	Questions
13:15	Lunch
14:00	National Osteoporosis Society How the Charity can support you
14:15	Research Update - what's new in the field of Bone Health and Osteoporosis
15:00	Nutrition and Bone Health/ Osteoporosis
15:30	Refreshments
15:45	Neurological Diseases Update Multiple Sclerosis and Parkinson
16:30	Anorexia and Bulimia Update
17:00	Women's Health and Bone Health
17:45	Menopause Update
18:30	Breast Cancer Update
19:15	Closing remarks

I would like to know the answer to the following: Breast cancer, menopause and bone health and osteoporosis / Questions.

I would like to know the answer to the following Maintaing a health Life style / Bone health Question.

#### Please return before the 1st June 2017

Confirmation of your delegate registration number(s) and further details wil be sent to you by post in early June 2017