Women Health Update
Wednesday 21st June 2017

Department of Rheumatology

DELEGATE APPLICATION FORM

Please complete attached application form and return to Mrs Margaret Fletcher,
Rheumatology Department
Queen Alexandra Hospital
Cosham, PO6 3LY
or FAX to 023 9228 6862
or email: rheumatology.conference@porthosp.nhs.uk

☐ I will be attending the Women Health Update Conference on: Wednesday 21st June 2017

Name: ____________________________
Address: ____________________________
________________________________________ Postcode:________________________

Email: ____________________________

☐ I will be accompanied by (relative/ friend(s))

Please return your application form before 1st June 2017

Women’s Health Event
Patient and Public Conference

‘If you want up to date information about Women’s Health Issues then come down and join us for in depth advice and health information’

Wednesday 21st June 2017
Venue: Mountbatten Centre,
Alexandra Park Twyford Avenue
Portsmouth PO2 9QA

Working in partnership with:
Portsmouth and District ARMA Local Network. The Portsmouth and SE Hants National Osteoporosis Society Support Group

Please complete attached application form on the reverse of this flyer and return

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Medical Photography & Illustration
ref: 16/5408 November 2016
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Women’s Health Issues - part of Love your Bones 2017
Your Questions answered

Women’s Health Event

• Understand more about Women’s Health issues including breast cancer, menopause and bone health and osteoporosis.

• Develop strategies for staying motivated to maintain a healthy lifestyle.

• Meet people who want to take charge of their Health.

Women’s Health Update

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Women’s Health Event 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>09:00</td>
<td>Registration and exhibitions</td>
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<tr>
<td>10:00</td>
<td>Welcome</td>
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<tr>
<td>10:15</td>
<td>Bones and Bones health - revisiting what everyone should know</td>
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<td>10:45</td>
<td>Celiac Disease Update</td>
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<td>11:30</td>
<td>Refreshments</td>
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<td>12:00</td>
<td>Medication Update</td>
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<td>12:30</td>
<td>Questions</td>
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<tr>
<td>13:15</td>
<td>Lunch</td>
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| 14:00 | National Osteoporosis Society
     | How the Charity can support you            |
| 14:15 | Research Update - what’s new in the field of Bone Health and Osteoporosis |
| 15:00 | Nutrition and Bone Health/Osteoporosis     |
| 15:30 | Refreshments                               |
| 15:45 | Neurological Diseases Update
     | Multiple Sclerosis and Parkinson           |
| 16:30 | Anorexia and Bulimia Update                |
| 17:00 | Women’s Health and Bone Health             |
| 17:45 | Menopause Update                           |
| 18:30 | Breast Cancer Update                       |
| 19:15 | Closing remarks                            |

I would like to know the answer to the following: Breast cancer, menopause and bone health and osteoporosis / Questions.

Please return before the 1st June 2017

Confirmation of your delegate registration number(s) and further details will be sent to you by post in early June 2017