THE NEW FAREHAM PRIMARY CARE SERVICE
We now have GP services running daily from the Hospital. The two services are an Urgent Same-Day Access service for the patients of some GP practices in Fareham, and Extended Access Services for all Fareham patients.

Three of the ten local GP services - Whiteley, Highlands and Jubilee (Titchfield) - to be joined in January by Stubbington, are working together to provide the service from 8 am to 6.30 pm every weekday for all of their patients. Patients need to contact their own surgery first, and will then receive a telephone consultation call from the Same-Day team, which consists of both GPs and Nurses, based at Fareham Community Hospital.

The Extended Access service runs from 6.30 pm to 8 pm each weekday and also on Saturdays. These services are available for all Fareham practices to book.

The scheme is being carefully monitored so that any problems can be ironed out. Other local practices may well decide to take part as the service develops. Leaflets with more information are available at the Hospital and at all GP practices.

THE MONDAY MEMORY GROUP IS EXTENDED
Monday's support group for patients with dementia and their carers now starts on Monday mornings at 10.30 am, and will continue through the afternoon until 3.00 pm. There is no need to book for these meetings, just drop in for support and fellowship. Refreshments are provided by our Volunteers, A dementia adviser will be present to give information and advice.

FRIENDS INFORMATION SERVICE AT THE HOSPITAL
As featured in our last Newsletter, Friends and Volunteers have been working for
some time on a comprehensive Information Service for patients at the Hospital, and this has now opened. Initially it will be available in the Reception area on Mondays and Wednesdays from 10.00 am to 12 noon. It covers an extensive range of support services available in our area. Many thanks to Hampshire County Council, who have helped in training us in their online Connect to Support in Hampshire.

The Volunteers running the service will not be offering advice, but simply guiding people to the support and information which could be helpful to them. Look out for the large desk and the banner which shows where the service is based.

GARDENING GROUP
After concerns about the condition of the flowerbed on the roundabout at the Hospital entrance, Fareham Borough Council's "Fareham in Bloom" team cleared and replanted it in spring, much to its improvement. Since then, of course, weeds have made an appearance, and the Friends have now set up a Volunteer Gardening Group - so far consisting of three Volunteers, three Committee Members, one Patron and two husbands! Early in November the Group met and tackled the problem. Our contact with FBC, Matt Wakefield, has plans to prune and replant it where weeded, and the Gardening Group will then keep it weeded during the winter, ready for its spring refurbishment.

FUND-RAISING TALKS
Our bi-monthly talks continue to attract substantial audiences. September's topic, entitled "Breathe Easy", dealt with ways of managing chronic respiratory diseases. At the talk on 30th November, entitled "Help!", professionals from our local fire and police services will tell us how they protect us, and how we can protect ourselves. The first event, of 2018, on Thursday 25th January, will be on the serious medical condition "Sepsis - the Silent Killer". Refreshments are available from 6.30 pm, and the talk begins at 7 pm - entry £5 at the door.

CHRISTMAS EVENTS
Christmas is now well on the way; our Christmas tree will be up in Reception soon, and the chart for the Christmas draw is up on the desk - many attractive prizes have already been donated. Don't wait to put your name down - the draw will take place on Friday 8th December during our annual Christmas Coffee Morning for our Volunteers, held to thank them for all their hard work. (They have their own free raffle on that day as well).

With best wishes to you all for a happy Christmas and a bright and peaceful New Year,

Petta Dillaway
Chair