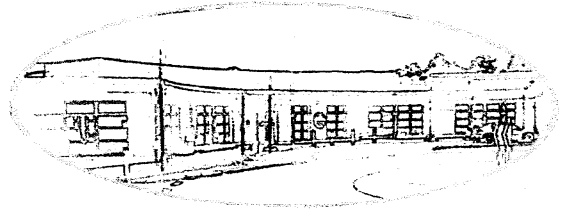


**The Friends of
Fareham Community Hospital**



Patrons: Cllr. Brian Bayford; Lucy Docherty; Mark Hoban; Cllr. Sean Woodward

NEWSLETTER NO.18 **SPRING-SUMMER 2018**

THE FRIENDS' ANNUAL GENERAL MEETING

The Friends' AGM will take place on Wednesday 27th June at 6.30 pm at the Hospital (doors open 6.00pm) We warmly invite all our Friends, volunteers, supporters and patrons to this event, but of course members of the public are also welcome to attend. Because of the safety restrictions on the numbers allowed in the space available, we would ask that anyone planning to come would notify us in advance by emailing us at foffch10@gmail.com or dropping in a note to The Friends of Fareham Community Hospital, Fareham Community Hospital, Brook Lane, Sarisbury SO31 7DQ.

It is hoped that the presentation at the AGM will introduce our local Clinical Commissioning Groups' "Big Health Conversation", where people with personal knowledge or particular interest in any of four health topics can join a small group hosted by health professionals to discuss their views of the support provided. The first four topics are mental health, same-day care, long-term conditions, and frailty. Following the presentation people will have the opportunity to sign up for any of these groups, and will be contacted later about arrangement for meetings.

In addition, we hope to have an update from the Primary Care Service at the Hospital, which has been hoping to expand the services it provides so successfully.

THE MONDAY MEMORY GROUPS

After a rather slow start, the morning group is now providing many more patients and carers with advice and support. These Groups are very much enjoyed by all taking part, and we believe they are the only events in our area for people with dementia which take place every week.

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FUTURE LOCAL EVENTS

One Community in Fareham will be holding a Community Showcase to publicise the work of community groups in the area, with over 60 stands, information about local support groups, stalls, games and free gifts! We will be taking our display board and leaflets to this, on Saturday 16th June from 10.00 am to 2.00 pm in Ferneham Hall, Fareham.

We have also been invited to bring our display to MP Suella Braverman's Health Summit in September.

BLOOD TESTING PROBLEMS

As many of you will know volunteers on the blood test bookings desk have been under a lot of pressure, due to a shortage of phlebotomists from QA, leading to long waiting times for appointments. We're very glad to say that the situation seems about to ease; a trainee phlebotomist has been recruited by QA, and it's hoped she will be with us by the end of June.

TALKS AT THE HOSPITAL

The excellent talk on Parkinson's Disease last month was well-attended, as usual. The next event on Wednesday 11th July will be on problems with sight, called "How Well Do You See?". The team is now putting the next series together. Starting in September, they are aiming to cover the following subjects:

- September: "Going Through the Motions" (bowel and digestive matters)
- November "Our Paramedics" - accessing their care and what they can do to help us.
- January ""Caring for our Hearts"

A BIRTHDAY PARTY

To celebrate the 70th Anniversary of the NHS this year, the Hospital Management is planning to hold a Tea Party on Thursday 5th July, and have asked the Friends to join them in organising it. It is still in the planning stage, but more information and invitations will be sent out shortly. The Friends' team would be very grateful for any donations of cakes for the occasion - offers should be sent to our email, foffch10@gmail.com.

Hoping to see you at one of our events, and with best wishes,

Petta Dillaway
Chair