**Friends of Fareham Community Hospital**



**Dementia Drop-in Support Groups**

A free service is available for people with any type of dementia and for their carers and families to attend for support and friendship.

A Dementia Adviser is present and available for individual appointments to be made. They can also signpost

you to services in your local area.

**Held every Monday**

**10:30 am to 12:30 pm**

**And**

**1:00 pm to 3:00 pm**

**At the Park Gate**

**Royal British Legion Club**

**366 Brook Lane**

**SO31 7DP**

Refreshments and support by

Friends of Fareham Community Hospital Volunteers

and

Carer Volunteers

**For more information call Petta on 01489 584 086**

**or for an appointment with the Dementia Adviser**

**call 01264 332297**

website: www.friends-of-fch.org